



3 September 2026

Dear Families

Year 1 Forest School Sessions

Year 1 Forest School sessions will be on a Tuesday afternoon this half term. These sessions aim to develop outdoor learning opportunities, enhance wellbeing, encourage an active lifestyle and build skills such as teamwork, problem-solving and resilience.

The Forest School ethos is to provide children with opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a natural environment. During the sessions, children will explore activities such as den building, safely exploring nature and learning new crafts, as well as giving children the chance to follow their own interests in the outdoor environment.

Children will need to wear appropriate clothing. Long sleeves and trousers are recommended to help prevent scratches and to keep children warm. We recommend:

- A pair of joggers or suitable outdoor trousers
- Appropriate footwear (wellingtons or trainers)
- A waterproof coat

Children should wear their school polo shirt and maroon cardigan or jumper on top.

Forest School sessions will take place outdoors in our Forest School area unless there are strong winds. In the case of very poor weather, indoor activities will be provided.

If you have any questions, feel free to contact the school office or speak to me after school.

Yours sincerely

A McGuigan

Mrs McGuigan
Acting Deputy Headteacher