



3 September 2026

Dear Families

Forest School Sessions

From the week commencing Monday 7 September, each class will have a Forest School session led by Miss Salter our Forest School teacher, alongside your child's class teacher. These sessions aim to develop outdoor learning opportunities, enhance wellbeing, encourage an active lifestyle and build skills such as teamwork, problem-solving and resilience.

The Forest School ethos is to provide children with opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a natural environment. During the sessions, children will explore activities such as den building, safely exploring nature and learning new crafts, as well as giving children the chance to follow their own interests in the outdoor environment.

Children will need to bring appropriate clothing to wear. Long sleeves and trousers are recommended to help prevent scratches and to keep children warm. We recommend:

- A pair of joggers or suitable outdoor trousers
- Appropriate footwear (wellingtons or trainers)
- A waterproof coat

Children should wear their school polo shirt and maroon cardigan or jumper on top. If your child has PE on the same day, they may wear their PE kit as normal.

Forest School sessions will take place outdoors in our Forest School area unless there are strong winds. In the case of very poor weather, indoor activities will be provided.

The sessions dates are:

- **Year 4:** Wednesday 9 September
- **Year 5:** Wednesday 16 September
- **Year 6:** Wednesday 23 September
- **Year 2:** Wednesday 30 September
- **Year 3:** Wednesday 7 October (*please note this is school photo day, children should bring their forest school clothes in a bag to change into*)
- **Year 4:** Wednesday 14 October
- **Year 5:** Wednesday 21 October

If you have any questions, feel free to contact the school office.

Yours sincerely

A McGuigan

Mrs McGuigan
Acting Deputy Head Teacher