



**ST CHARLES'**  
CATHOLIC PRIMARY SCHOOL



# Key Stage 1

## Being Happy at School

*A Child Friendly Child-on-Child Abuse Policy*

*Last updated: September 2023*

## Being happy at school

At school we want you to feel safe and happy.

At school we learn to be kind to each other.



When someone is **not** kind we want to know.



Tell me so I  
can help.

## Ways of being unkind

Sometimes we hurt people but we don't mean it. When this happens we say **sorry**. This is what happens **most** of the time in school.



Sometimes you may get **hurt** on **purpose**.

They may hurt you by kicking or hitting you.



They may hurt you by making you **feel** silly, calling you names or making you feel **left out**.

## Bullying

*Bullying is when you keep picking on someone continuously because you think you are better than them or in charge of them.*

- Repeatedly calling someone **names**.
- Repeatedly hurting someone's **feelings**.
- Never letting you **play games**.
- Making fun of someone's **size** over and over again.
- Making fun of the **colour** of **skin** over and over again.
- Repeatedly, making fun of the way someone **talks**.
- Pushing, punching or kicking lots of time over an amount of time.



## Being Friends

When we are friends it should make us feel good and happy.

Words for **good** friendships:

fun honest share listen safe trust

equal support



Words for **bad** friendships:

push hit bossy scared angry nervous sad alone



What do I do if I am being hurt?

The first thing you should do is **tell someone**.

You could tell the **person**, tell a **friend** or tell a **teacher**.



You should **try not** to:

- Do what the person says.
- Let what the person says or does **upset** you.
- Get **angry** or hit them.

Who can I tell?

If you feel sad or upset **tell someone**.

If your **friend** feels sad or upset **tell someone**.



You can tell a **teacher** or an **adult** at **school** or at **home** and they will **help** you.



Let's keep St Charles' a happy place!