

Primary School Menu

Week One

January 2024 – July 2024

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| Cheese & Tomato Pizza (v) Chips (vg) Coleslaw * * * * | Spaghetti Bolognese Garlic Bread (v) Garden Peas (vg) * * * * | Mince & Dumplings Creamed Potatoes (v) Swede (vg) * * * * | Roast Chicken Fillet Sage & Onion Stuffing (vg) Baby Boiled Potatoes (vg) Carrots (vg) * * * * | Fish Fingers Oven Roast Potatoes (vg) Beetroot (vg) * * * * |
| Pomodoro Pizza (v) Chips (vg) Coleslaw * * * * | Chinese Style Vegetable Curry (vg) Steamed Rice (vg) * * * * | Southern Fried Meat Free Dippers (v) Diced Potatoes (vg) Sweetcorn (vg) * * * * | Quorn Vegan Fillet (vg) Sage & Onion Stuffing (vg) Baby Boiled Potatoes (vg) Carrots (vg) * * * * | Vegetable Fingers Oven Roast Potatoes (vg) Beetroot (vg) * * * * |
| Sandwiches * * * * | Sandwiches * * * * | Sandwiches * * * * | Sandwiches * * * * | Sandwiches * * * * |
| Filled Jacket Potato Choice of Cheese (v), Baked Beans (vg) or Tuna with Salad * * * * | Filled Jacket Potato Choice of Cheese (v), Baked Beans (vg) or Tuna with Salad * * * * | Filled Jacket Potato Choice of Cheese (v), Baked Beans (vg) or Tuna with Salad * * * * | Filled Jacket Potato Choice of Cheese (v), Baked Beans (vg) or Tuna with Salad * * * * | Filled Jacket Potato Choice of Cheese (v), Baked Beans (vg) or Tuna with Salad * * * * |
| DESSERT | DESSERT | DESSERT | DESSERT | DESSERT |
| Sponge Cake & Custard | Chocolate Cookie (v) | Flapjack (v) | Iced Shortbread Finger (v) | Frozen Flavoured Yoghurt (v) |

Also available every day:

Choice of:

- Salad bar
- Fresh fruit selection
- Yoghurt
- Cheese and biscuits

Menus are subject to availability

(V) suitable for Vegetarians or (VG) Vegan diets

Primary School Menu Week Two

January 2024 – July 2024

MONDAY

Pasta Pomodoro (v)
Crusty Bread (vg)
Sweetcorn (vg)

★ ★ ★ ★

Vegetable Fingers (v)
Seasoned Wedges (vg)
Garden Peas (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Chocolate Sponge &
Chocolate Sauce (v)

TUESDAY

Pork Sausages
Yorkshire Pudding (v)
Creamed Potatoes (v)
Carrots (vg)

★ ★ ★ ★

Quorn Sausages (v)
Yorkshire Pudding (v)
Creamed Potatoes (v)
Carrots (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v) or
Baked Beans (vg)
with Salad

DESSERT

Vanilla Cookie (v)

WEDNESDAY

Beef Pasta Bake
Crusty Bread (v)
Broccoli (vg)

★ ★ ★ ★

Cheese & Tomato Pizza
Or Pomodoro Pizza (v)
Chips (vg)
Mixed Vegetables (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Flapjack (v)

THURSDAY

Roast Chicken Fillet
with Gravy
Oven Roast Potatoes (vg)
Cabbage (vg)

★ ★ ★ ★

Quorn Vegan Fillet (vg)
Oven Roast Potatoes (vg)
Carrots (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Lemon Drizzle Cake (v)

FRIDAY

Fish Fingers
Chips (vg)
Spaghetti Hoops (v)

★ ★ ★ ★

Vegetable Fingers
Oven Roast Potatoes (vg)
Pea (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Frozen Flavoured
Yoghurt (v)

Also available every day:

Choice of:

- Salad bar
- Fresh fruit selection
- Yoghurt
- Cheese and biscuits

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Primary School Menu Week Three

January 2024 – July 2024

MONDAY

Macaroni Cheese (v)
Focaccia Bread (vg)
Mixed Vegetables (vg)

★ ★ ★ ★

Fishless Fingers (vg)
Diced Potatoes (vg)
Beetroot (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Sticky Orange Sponge
& Custard (v)

TUESDAY

Beef Burger in a Bun (v)
Oven Roast Potatoes (vg)
Garden Peas (vg)

★ ★ ★ ★

Vege Burger in a Bun (v)
Oven Roast Potatoes (vg)
Garden Peas (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Vanilla Cookie (v)

WEDNESDAY

Chicken Jalfrezi
Steamed Rice (vg)
Apple & Cucumber Salad
(vg)

★ ★ ★ ★

Pizza Margherita (v)
Potato Wedges (vg)
Mixed Salad (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Carrot Cake (v)

THURSDAY

Meatballs in Gravy
Creamed Potatoes (v)
Cauliflower (vg)

★ ★ ★ ★

Pasta Pomodoro (v)
Garlic Bread (v)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Shortbread (v)

FRIDAY

Fish Fingers
Chips (vg)
Mushy Peas (vg)

★ ★ ★ ★

Vegetable Fingers
Chips (vg)
Mushy Peas (vg)

★ ★ ★ ★

Sandwiches

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese (v),
Baked Beans (vg)
or Tuna with Salad

DESSERT

Ice Cream Tub (v)

Also available every day:

Choice of:

- Salad bar
- Fresh fruit selection
- Yoghurt
- Cheese and biscuits

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