



15 October 2024

Dear Families

Forest School Sessions

Next week, each class will have a 1-hour Forest School session. This is an offer that we are going to start this year to develop outdoor learning opportunities, enhance wellbeing, encourage an active lifestyle and build on skills such as teamwork, problem solving and resilience.

The Forest School ethos is to offer all children opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a natural environment. We will be exploring den building, learning how to explore nature safely and learning new crafts as well as having lots of fun exploring the children's own interests. I am really looking forward to working with the children to create an exciting space for future learners.

The children will need to bring appropriate clothing to wear. I would suggest a pair of joggers, appropriate footwear (wellingtons or trainers) and a waterproof coat, with their usual school polo shirt and jumper. Long sleeves and trousers are recommended to avoid injuries such as scratches and to help keep your child warm. Unless there are strong winds, Forest School will still be held outside in our Forest School site and if there is bad weather, I will provide linked opportunities inside such as identifying bird songs or crafts.

The sessions dates are:

Nursery and Reception:	Monday 21 October
Year 1 and Year 2:	Tuesday 22 October
Year 3 and Year 4:	Thursday 24 October
Year 5 and Year 6:	Friday 25 October

If you have any questions, feel free to contact the school office.

Yours sincerely

E Salter

Miss Salter
Teacher/Forest School Leader