



PE Long Term Plan 2024-2025

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aut 1	Movement and Space <i>Multi-Skills</i>	Fundamental Movement Skills Through Games	Fundamental Movement Skills Through Games	Fundamental Movement Skills Through Games	Fundamental Movement Skills Through Games	Fundamental Movement Skills Through Games	Fundamental Movement Skills Through Games
		NUFC Coach	NUFC Coach	Outdoor Adventurous Activity	Outdoor Adventurous Activity	Outdoor Adventurous Activity	Outdoor Adventurous Activity
Aut 2	Fine Motor Skills <i>Multi-Skills</i>	Gymnastics Coach	Gymnastics Coach	Gymnastics	Gymnastics	Gymnastics	Gymnastics
		Team Building	Team Building	Basketball	Hockey	Basketball NUFC Coach	Hockey NUFC Coach
Spr 1	Introduction to PE	Ball Skills	Ball Skills	Fitness NUFC Coach	Fitness NUFC Coach	Fitness	Fitness
	Fundamentals	Dance	Dance	Dance Coach	Dance Coach	Dance	Dance
Spr 2	Gymnastics	Strength & Balance	Strength & Balance	Ball Skills	Ball Skills	Team Building	Netball
		Invasion NUFC Coach	Invasion NUFC Coach	Tag Rugby	Hand Ball	Tag Rugby	Netball
Sum 1	Ball Skills	Net and Wall	Net and Wall	Tennis	Tennis	Volley Ball	Volley Ball
		Athletics	Athletics	Athletics NUFC Coach	Athletics NUFC Coach	Fitness through funs	Fitness through funs
Sum 2	Games	Fitness through funs	Fitness through funs	Fitness through funs	Fitness through funs	Athletics NUFC Coach	Athletics NUFC Coach
		Striking and fielding	Striking and fielding	Rounders	Cricket	Rounders	Cricket

Year 4 have an intensive two-week block of Swimming weeks commencing 7^h and 14th October.



